

Work-Based Learning Guide: Making Career Connections

This guide will help you connect what you've learned about yourself through your assessment(s) to real-world career experiences, such as internships or apprenticeships.

Step 1: Complete Your Assessment(s)

If you haven't already, start by taking the Personality assessment. If you have access to the Skills assessment, the Multiple Intelligences assessment, or both, complete those as well.



Step 2: Review Your Career Matches

Open your Personality assessment report and go to the list of suggested careers. If you have completed more than one assessment, review your combined results career list.

Pick **two or three career options** that genuinely interest you. These will help guide your next steps in finding a real-world learning experience.

Step 3: Explore Local Opportunities

Use your career matches to **look for internships or apprenticeships** in related fields.

Check websites like:

- Your state or local Department of Labor
- CareerOneStop.org
- School or district career portals

Or, ask your **school counselor or career advisor** for help identifying opportunities nearby.

Step 4: Prepare to Apply What You've Learned

Once in your internship or apprenticeship, select one to three recommendations that you can actively apply during your work-based learning experience:

- Use the recommendations in the **Work and Productivity** section of your Personality report to guide how you manage time, complete tasks and stay focused.
- Use the recommendations in the **Communication** and **Working with Others** sections to practice effective teamwork, build relationships and handle collaboration challenges.