



## How AchieveWORKS supports ASCA Mindsets & Behaviors for Student Success

This document identifies ways that *AchieveWORKS*™ can help students develop the competencies outlined in the American School Counselor Association (ASCA) Mindsets & Behaviors standards. The left column lists the outcomes from ASCA, while the three columns to the right identify locations in the *AchieveWORKS* report where a particular competency can be addressed.

Counselors and teachers can work with students to identify a few key competencies to focus on. Students can then use content in the *AchieveWORKS* report (specified in this grid) and journal about how they will develop those key competencies.

This resource works best when used in conjunction with a method to assess students in their development of the ASCA competencies. For more details about ASCA Mindsets & Behaviors visit its website at [www.schoolcounselor.org](http://www.schoolcounselor.org).

Mindsets	<i>AchieveWORKS</i> ™ Personality report section	<i>AchieveWORKS</i> ™ Learning & Productivity preference/report section	<i>AchieveWORKS</i> ™ Intelligences intelligence/report section
1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	Understanding You	Self-Motivation Focus	Intrapersonal: Developing Your Intelligences Emotional Intelligences
2. Self-confidence in ability to succeed	Strengths (multiple sections)	Self-Motivation	Intrapersonal: Developing Your Intelligences, Emotional Intelligences
3. Sense of belonging in the school environment	Learning Working with Others	Collaborative vs. Independent	Interpersonal
4. Understanding that postsecondary education and life-long learning are necessary for long-term career success	Careers and Pathways	Focus	Existential: Developing Your Intelligences
5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	Strengths and Challenges (multiple sections)	Self-Motivation	Strengths from Top-Ranked Intelligences
6. Positive attitude toward work and learning	Learning Work and Productivity	Persistence	Emotional Intelligences
<b>Behavior: Learning Strategies</b>			
1. Demonstrate critical-thinking skills to make informed decisions	Learning Work and Productivity Communication	Structure	Logical-Mathematical: Developing Your Intelligences
2. Demonstrate creativity	Recommendations (multiple sections)	Structure	Musical and Linguistic: Developing this Intelligence
3. Use time-management, organizational and study skills	Strengths and Challenges (multiple sections)	Focus	Musical: Strongly Oriented (Tempo and Rhythm)
4. Apply self-motivation and self-direction to learning	Learning	Motivation	Intrapersonal: Developing this Intelligence, Emotional Intelligence

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Behavior: Learning Strategies, continued	<i>AchieveWORKS™</i> Personality report section	<i>AchieveWORKS™</i> Learning & Productivity preference/report section	<i>AchieveWORKS™</i> Intelligences intelligence/report section
5. Apply media and technology skills	Strengths and Challenges (multiple sections)	Visual	Logical-Mathematical & Linguistic: In the Learning Environment
6. Set high standards of quality	Recommendations (multiple sections)	Self-Motivation	Intrapersonal: Developing Your Intelligences Emotional Intelligence
7. Identify long- and short-term academic, career and social/emotional goals	Careers and Pathways	Self-Motivation	Intrapersonal: Developing Your Intelligences, Careers and Pathways
8. Actively engage in challenging coursework	Learning Careers and Pathways	Self-Motivation	Logical-Mathematical and Linguistic: Developing Your Intelligences, Careers and Pathways
9. Gather evidence and consider multiple perspectives to make informed decisions	Work and Productivity Communication Working with Others	Structure	Logical-Mathematical: Developing Your Intelligences
10. Participate in enrichment and extracurricular activities	Learning Work and Productivity	Self-Motivation	Linguistic, Logical Mathematical, Kinesthetic, Musical and Spatial: Developing Your Intelligences
<b>Behavior: Self-Management Skills</b>			
1. Demonstrate ability to assume responsibility	Communication Working with Others	Self-Motivation	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
2. Demonstrate self-discipline and self-control	Communication Working with Others	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
3. Demonstrate ability to work independently	Learning Work and Productivity	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
4. Demonstrate ability to delay immediate gratification for long-term rewards	Recommendations (multiple sections)	Self-Motivation	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
5. Demonstrate perseverance to achieve long- and short-term goals	Recommendations (multiple sections)	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
6. Demonstrate ability to overcome barriers to learning	Learning Work and Productivity	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
7. Demonstrate effective coping skills when faced with a problem	Recommendations (multiple sections)	Collaborative vs. Independent	Intrapersonal: Developing Your Intelligences, Emotional Intelligence

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Behavior: Self-Management Skills, continued	<i>AchieveWORKS™</i> Personality report section	<i>AchieveWORKS™</i> Learning & Productivity preference/report section	<i>AchieveWORKS™</i> Intelligences intelligence/report section
8. Demonstrate the ability to balance school, home and community activities	Recommendations (multiple sections)	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
9. Demonstrate personal safety skills	Communication	n/a	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	Recommendations (multiple sections)	Focus	Intrapersonal: Developing Your Intelligences, Emotional Intelligence
Behavior: Social Skills			
1. Use effective oral and written communication skills and listening skills	Communication Working with Others	Auditory	Linguistic: Developing Your Intelligences
2. Create positive and supportive relationships with other students	Communication Working with Others	Collaborative vs. Independent	Interpersonal: Developing Your Intelligences
3. Create relationships with adults that support success	Communication Working with Others	Teacher Motivation	Interpersonal: Developing Your Intelligences
4. Demonstrate empathy	Communication Working with Others	Collaborative vs. Independent	Interpersonal: Developing Your Intelligences, Emotional Intelligence
5. Demonstrate ethical decision-making and social responsibility	Communication Working with Others	n/a	Existential: Developing this Intelligence
6. Use effective collaboration and cooperation skills	Communication Working with Others	Collaborative vs. Independent	Interpersonal: Developing this Intelligence
7. Use leadership and teamwork skills to work effectively in diverse teams	Communication Working with Others	Collaborative vs. Independent	Interpersonal: Developing this Intelligence
8. Demonstrate advocacy skills and ability to assert self, when necessary	Communication Working with Others	Teacher Motivation	Interpersonal: In the Learning Environment
9. Demonstrate social maturity and behaviors appropriate to the situation and environment	Communication Working with Others	Collaborative vs. Independent Teacher Motivation	Interpersonal and Existential: Developing Your Intelligences Emotional Intelligence

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