



This document identifies ways that AchieveWorks<sup>®</sup> can help students develop the competencies outlined in the American School Counselor Association (ASCA) Mindsets & Behaviors standards. The left column lists the outcomes from ASCA, while the four columns to the right identify locations in the AchieveWorks reports where a particular competency can be addressed.

Counselors and teachers can work with students to identify a few key competencies to focus on. Students can then use content in the AchieveWorks report (specified in this grid) and journal about how they will develop those key competencies.

This resource works bests when used in conjunction with a method to assess students in their development of the ASCA competencies. For more details about ASCA Mindsets & Behaviors visit their website at <u>www.schoolcounselor.org.</u>

The lastest version of this document is available at www.humanesources.com/asca.

	Mindsets	AchieveWorks® Personality	AchieveWorks® Learning & Productivity	AchieveWorks® Intelligences	AchieveWorks® Skills
1.	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	• Understanding You	<ul><li>Self-Motivation</li><li>Focus</li></ul>	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligences</li> </ul>	<ul><li>Introduction</li><li>Summary Report</li></ul>
2.	Self-confidence in ability to succeed	• Strengths (multiple sections)	• Self-Motivation	<ul> <li>Intrapersonal: Developing Your Intelligences,</li> <li>Emotional Intelligences</li> </ul>	• Facets: Confidence
3.	Sense of belonging in the school environment	<ul><li>Learning</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs. Independent</li> </ul>	• Interpersonal	• Facets: Sociability
4.	Understanding that postsecondary education and life-long learning are necessary for long-term career success	• Careers and Pathways	• Focus	• Existential: Developing Your Intelligences	<ul><li>Facets: Achievement</li><li>Facets: Curiosity</li></ul>
5.	Belief in using abilities to their fullest to achieve high-quality results and outcomes	• Strengths and Challenges (multiple sections)	• Self-Motivation	• Strengths from Top- Ranked Intelligences	<ul><li>Facets: Achievement</li><li>Facets: Self-Awareness</li></ul>
6.	Positive attitude toward work and learning	<ul><li>Learning</li><li>Work and Productivity</li></ul>	• Persistence	• Emotional Intelligences	<ul><li>Facets: Confidence</li><li>Facets: Resilience</li></ul>

E	Behavior: Learning Strategies	AchieveWorks® Personality	AchieveWorks® Learning & Productivity	AchieveWorks® Intelligences	AchieveWorks® Skills
1.	Demonstrate critical-thinking skills to make informed decisions	<ul><li>Learning</li><li>Work and Productivity</li><li>Communication</li></ul>	• Structure	<ul> <li>Logical-Mathematical: Developing Your Intelligences</li> </ul>	• Critical Thinking
2.	Demonstrate creativity	Recommendations     (multiple sections)	• Structure	<ul> <li>Musical and Linguistic: Developing this Intelligence</li> </ul>	• Creativity
3.	Use time-management, organizational and study skills	<ul> <li>Strengths and Challenges (multiple sections)</li> </ul>	• Focus	<ul> <li>Musical: Strongly Oriented (Tempo and Rhythm)</li> </ul>	Conscientiousness
4.	Apply self-motivation and self- direction to learning	• Learning	• Self-Motivation	<ul> <li>Intrapersonal: Developing this Intelligence</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Curiosity</li><li>Facets: Discipline</li></ul>
5.	Apply media and technology skills	• Strengths and Challenges (multiple sections)	• Visual	<ul> <li>Logical-Mathematical &amp; Linguistic: In the Learning Environment</li> </ul>	<ul><li>Critical Thinking</li><li>Creativity</li></ul>
6.	Set high standards of quality	<ul> <li>Recommendations (multiple sections)</li> </ul>	Self-Motivation	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Achievement</li><li>Facets: Thoroughness</li></ul>
7.	Identify long- and short-term academic, career and social/ emotional goals	• Careers and Pathways	• Self-Motivation	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Careers and Pathways</li> </ul>	• Careers and Pathways
8.	Actively engage in challenging coursework	<ul><li>Learning</li><li>Careers and Pathways</li></ul>	• Self-Motivation	<ul> <li>Logical-Mathematical and Linguistic: Developing Your Intelligences</li> <li>Careers and Pathways</li> </ul>	<ul><li>Facets: Curiosity</li><li>Facets: Achievement</li></ul>
9.	Gather evidence and consider multiple perspectives to make informed decisions	<ul> <li>Work and Productivity</li> <li>Communication</li> <li>Working with Others</li> </ul>	• Structure	<ul> <li>Logical-Mathematical: Developing Your Intelligences</li> </ul>	• Critical Thinking
10.	Participate in enrichment and extracurricular activities	<ul><li>Learning</li><li>Work and Productivity</li></ul>	• Self-Motivation	<ul> <li>Linguistic, Logical, Mathematical, Kinesthetic, Musical and Spatial: Developing Your Intelligences</li> </ul>	• Facets: Achievement

	Behavior: Self-Management Skills	AchieveWorks® Personality	AchieveWorks® Learning & Productivity	AchieveWorks® Intelligences	AchieveWorks® Skills
1.	Demonstrate ability to assume responsibility	Communication     Working with Others	Self-Motivation	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Leadership</li><li>Conscientiousness</li></ul>
2.	Demonstrate self-discipline and self-control	<ul><li>Communication</li><li>Working with Others</li></ul>	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Discipline</li><li>Facets: Self-Awareness</li></ul>
3.	Demonstrate ability to work independently	<ul><li>Learning</li><li>Work and Productivity</li></ul>	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Discipline</li><li>Facets: Thoroughness</li></ul>
4.	Demonstrate ability to delay immediate gratification for long- term rewards	<ul> <li>Recommendations (multiple sections)</li> </ul>	• Self-Motivation	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Resilience</li><li>Facets: Practicality</li><li>Facets: Discipline</li></ul>
5.	Demonstrate perseverance to achieve long- and short-term goals	<ul> <li>Recommendations (multiple sections)</li> </ul>	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Resilience</li><li>Facets: Self-Awareness</li><li>Facets: Discipline</li></ul>
6.	Demonstrate ability to overcome barriers to learning	<ul><li>Learning</li><li>Work and Productivity</li></ul>	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Resilience</li><li>Facets: Organization</li></ul>
7.	Demonstrate effective coping skills when faced with a problem	<ul> <li>Recommendations (multiple sections)</li> </ul>	• Collaborative vs. Independent	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Resilience</li><li>Facets: Self-Awareness</li></ul>
8.	Demonstrate the ability to balance school, home and community activities	<ul> <li>Recommendations (multiple sections)</li> </ul>	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	• Facets: Self-Awareness
9.	Demonstrate personal safety skills	Communication	Not applicable	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Confidence</li><li>Facets: Self-Awareness</li></ul>
10	Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	Recommendations     (multiple sections)	• Focus	<ul> <li>Intrapersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Resilience</li><li>Facets: Curiosity</li></ul>

	Behavior: Social Skills	AchieveWorks® Personality	AchieveWorks® Learning & Productivity	AchieveWorks® Intelligences	AchieveWorks® Skills
1.	Use effective oral and written communication skills and listening skills	<ul><li>Communication</li><li>Working with Others</li></ul>	• Auditory	• Linguistic: Developing Your Intelligences	• Social-Emotional
2.	Create positive and supportive relationships with other students	<ul><li>Communication</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs.</li> <li>Independent</li> </ul>	Interpersonal: Developing Your Intelligences	• Social-Emotional
3.	Create relationships with adults that support success	<ul><li>Communication</li><li>Working with Others</li></ul>	• Teacher Motivation	Interpersonal: Developing Your Intelligences	• Social-Emotional
4.	Demonstrate empathy	<ul><li>Communication</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs. Independent</li> </ul>	<ul> <li>Interpersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	Social-Emotional
5.	Demonstrate ethical decision-making and social responsibility	<ul><li>Communication</li><li>Working with Others</li></ul>	Not applicable	• Existential: Developing Your Intelligences	Social-Emotional
6.	Use effective collaboration and cooperation skills	<ul><li>Communication</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs. Independent</li> </ul>	<ul> <li>Interpersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	• Social-Emotional
7.	Use leadership and teamwork skills to work effectively in diverse teams	<ul><li>Communication</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs. Independent</li> </ul>	<ul> <li>Interpersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Social-Emotional</li><li>Leadership</li></ul>
8.	Demonstrate advocacy skills and ability to assert self, when necessary	<ul><li>Communication</li><li>Working with Others</li></ul>	• Teacher Motivation	<ul> <li>Interpersonal: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	<ul><li>Facets: Confidence</li><li>Facets: Influence</li></ul>
9.	Demonstrate social maturity and behaviors appropriate to the situation and environment	<ul><li>Communication</li><li>Working with Others</li></ul>	<ul> <li>Collaborative vs. Independent</li> <li>Teacher Motivation</li> </ul>	<ul> <li>Interpersonal and Existential: Developing Your Intelligences</li> <li>Emotional Intelligence</li> </ul>	• Social-Emotional

For more information about the American School Counselor Association (ASCA) Mindsets & Behaviors standards please visit <u>https://www.schoolcounselor.org/school-counselors/about-asca/mindsets-behaviors</u>

For more information on AchieveWorks visit <u>www.humanesources.com/schools/</u>