

### 1. Create Your Success

Students will examine various motivational strategies and apply them to their future career success.

**Students will:**

1. Create their own personal definition of career success.
2. List the steps in choosing a major and planning a career.
3. Explain the connection between education and future earnings.
4. Write five positive statements about their college education and future career.
5. Increase understanding of motivational techniques and identify three techniques that they find useful.
6. Clarify their personal definition of happiness and write five intention statements about their future happiness.

### 2. Exploring Your Personality and Major

Students will explore their personality types and related careers to decide on an appropriate major and career.

**Students will:**

1. Assess their personality types.
2. Describe their personality types and list majors that match their personal strengths.
3. Explain how personality type is related to choosing a major and career.
4. Describe their ideal work environment based on personal preferences.
5. Describe how personality type affects other factors relating to their future success, such as decision making, time management and money management.
6. Describe other factors to consider in choosing a major, such as earnings and job outlook.
7. Reflect on how finding your passion is an important part of career planning.

### 3. Exploring Interests and Values

Students will explore their vocational interests and values and identify matching careers.

**Students will:**

1. Assess their vocational interests and identify their three highest interests.
2. Research at least one career that matches their vocational interests.
3. Write a paragraph about balancing work, study, leisure and social life.
4. List their personal values and state why they are important.
5. Participate in exercises examining the connection between values and important life decisions.
6. Reflect on the importance of acting on one's values.

### 4. Exploring Multiple Intelligences

Students will explore some motivational strategies for success and assess their multiple intelligences and connect them to matching careers.

**Students will:**

1. Explore motivational strategies for success, including mindset, grit and persistence.
2. Assess their multiple intelligences and related personal strengths.
3. Explore ways to build on personal strengths.
4. Explain the concept of emotional intelligence and how it is related to career and personal success.

### 5. Planning Your Career and Education

Students will explore career trends and work skills for success in the 21st century. They will complete an educational plan to match their major and career goals.

**Students will:**

1. Describe career trends of the future and how they might impact their career choice.
2. Assess their work skills needed for success in the 21st century.
3. Research a career that matches their personality type, interests and values.
4. Practice the steps in a decision-making process.
5. Create an educational plan to achieve their career goal.
6. Reflect on useful ideas for dealing with roadblocks to accomplishing their future goals.

### 6. Updated Job Search Strategies

Students will utilize social media and online resources to enable them to find a job that matches their career goals.

**Students will:**

1. Increase their chances of finding meaningful employment after college graduation by utilizing college career services and other activities, such as volunteering, internships or part-time work while in college.
2. Prepare a resume and cover letter.
3. Establish their personal brand online.
4. Explore online tools, such as LinkedIn, Facebook, online classified ads, job search engines, employment agencies and email.
5. Practice sample interview questions.
6. Conduct an informational interview.
7. Explore options for creating their own business.
8. Make an action plan for their job search.
9. Reflect on how beliefs affect future success.

### 7. Career Satisfaction

Students will list the factors important for their career satisfaction and explore strategies for success on the job, including emotional intelligence, effective communication and positive thinking. Students will create a list of lifetime goals, keeping in mind their personal strengths and the factors important for career satisfaction.

**Students will:**

1. Explore ideas related to finding passion and meaning in work.
2. Evaluate the importance of money in job satisfaction.
3. List the predictors of job satisfaction.
4. Examine strategies for success on the job, including emotional intelligence, effective communication, positive thinking, and other tips for success.
5. Make a list of lifetime goals.
6. Set priorities for managing their time and accomplishing their personal goals.