

## Crosswalk of CollegeScope® Learning Outcomes to CASEL Core SEL (Social Emotional Learning) Competencies

CASEL Core SEL		CollegeScope		
Competency	Facet	Chapter	Section	Learning Outcome
Self-Awareness	Identifying emotions	1 - Personal Awareness	1-4: Multiple Intelligences	Assess multiple intelligences and learn personalized strategies for academic success
	Accurate self-perception	1 - Personal Awareness	1-2: Prioritizing Values	Prioritize personal and work values
			1-3: Personality Type	Identify personality type and the strengths and challenges associated with it
			1-4: Multiple Intelligences	Assess multiple intelligences and learn personalized strategies for academic success
	Recognizing strengths	1 - Personal Awareness	1-2: Prioritizing Values	Prioritize personal and work values
			1-3: Personality Type	Identify personality type and the strengths and challenges associated with it
			1-4: Multiple Intelligences	Assess multiple intelligences and learn personalized strategies for academic success
			1-5: Work Interests	Identify work and academic related interests
	Self-confidence	1 - Personal Awareness	1-1: Finding Purpose	Develop a sense of purpose and the motivation to succeed
			1-6: Self-Efficacy	Measure and understand the importance of academic self-efficacy for success in school
Self-efficacy	1 - Personal Awareness	1-6: Self-Efficacy	Measure and understand the importance of academic self-efficacy for success in school	
Self-Management	Impulse control	5 - Learning and Productivity	5-1: Effort and Motivation	Understand the effect of mindset, grit, self-control and motivation on achievement
		8 - Money, Health and Time Management	8-2: Money Management	Learn money management skills for college and beyond
		8 - Money, Health and Time Management	8-3: Maintaining Health	Understand how to maintain health through knowledge of nutrition, exercise, stress, sleep and drugs

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Self-Management (cont'd)	Impulse control (cont'd)	8 - Money, Health and Time Management	8-4: Time Management	Learn to manage time, prioritize and avoid procrastination
		9 - Rights, Respect and Responsibility	9-4: Personal Safety	Learn to define sex discrimination and know what constitutes sexual violence
	Stress management	8 - Money, Health and Time Management	8-3: Maintaining Health	Understand how to maintain health through knowledge of nutrition, exercise, stress, sleep and drugs
	Self-discipline	5 - Learning and Productivity	5-1: Effort and Motivation	Understand the effect of mindset, grit, self-control and motivation on achievement
	Self-motivation	1 - Personal Awareness	1-1: Finding Purpose	Develop a sense of purpose and the motivation to succeed
		5 - Learning and Productivity	5-1: Effort and Motivation	Understand the effect of mindset, grit, self-control and motivation on achievement
	Goal-setting	4 - Goal Setting and Planning	4-2: Goal Setting	Understand the goal-setting process and establish meaningful short-term and long-term goals
	Organizational skills	4 - Goal Setting and Planning	4-3: Building Plans	Create action plans to achieve short and long-term goals
		5 - Learning and Productivity	5-4: Study Skills	Learn and practice research-supported techniques for using technology effectively, listening and taking notes, reading, performing research and information analysis, improving memory, writing, and studying and test taking
		7 - Career Readiness	7-4: Applying Yourself	Become proficient with resumes, job interviews and other aspects of the job application process
Responsible Decision-Making	Identifying problems	4 - Goal Setting and Planning	4-1: Decision Making	Understand the processes and importance of decision making
			4-4: Modifying Plans and Backup Plans	Develop strategies to follow and/or modify plans using sound decision making and adaptive strategies

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Responsible Decision-Making (cont'd)	Analyzing situations	4 - Goal Setting and Planning	4-1: Decision Making	Understand the processes and importance of decision making
		5 - Learning and Productivity	5-2: Critical Thinking	Understand what critical and creative thinking are and how to apply them
	Solving problems	5 - Learning and Productivity	5-2: Critical Thinking	Understand what critical and creative thinking are and how to apply them
	Evaluating	4 - Goal Setting and Planning	4-4: Modifying Plans and Backup Plans	Develop strategies to follow and/or modify plans using sound decision making and adaptive strategies
	Reflecting	4 - Goal Setting and Planning	4-4: Modifying Plans and Backup Plans	Develop strategies to follow and/or modify plans using sound decision making and adaptive strategies
	Ethical responsibility	9 - Rights, Respect and Responsibility	9-2: Campus SaVE Act	Understand Title IX and student's rights on campus
9-4: Personal Safety			Learn to define sex discrimination and know what constitutes sexual violence	
Relationship Skills	Communication	6 - Communication, Collaboration and Leadership	6-1: Communication Skills	Learn effective communication skills
			6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills
			6-3: Leadership Skills	Learn effective leadership skills
		9 - Rights, Respect and Responsibility	9-4: Personal Safety	Learn to define sex discrimination and know what constitutes sexual violence
	Social engagement	6 - Communication, Collaboration and Leadership	6-1: Communication Skills	Learn effective communication skills
			6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills
	Relationship-building	6 - Communication, Collaboration and Leadership	6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills
			6-3: Leadership Skills	Learn effective leadership skills
	Teamwork	6 - Communication, Collaboration and Leadership	6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills
			6-3: Leadership Skills	Learn effective leadership skills

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Social Awareness	Perspective-taking	6 - Communication, Collaboration and Leadership	6-1: Communication Skills	Learn effective communication skills	
	Empathy	6 - Communication, Collaboration and Leadership	6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills	
	Appreciating diversity	9 - Rights, Respect and Responsibility	9-1: Title IX	Understand Title IX and student's rights on campus	
	Respect for others		6 - Communication, Collaboration and Leadership	6-2: Collaboration Skills	Learn effective collaboration and conflict resolution skills
			9 - Rights, Respect and Responsibility	9-1: Title IX	Understand Title IX and student's rights on campus
			9 - Rights, Respect and Responsibility	9-4: Personal Safety	Know how to protect oneself, respond to and report incidents, and use available campus resources



For more information about CASEL Core SEL Competencies Standards please visit <https://casel.org/core-competencies/>



For more information on CollegeScope visit [www.humanesources.com/ps/cs/](http://www.humanesources.com/ps/cs/)